Anaesthesia for the morbidly obese patient - Key issues

Pre-congress course organised by the European Society for Perioperative Care of the Obese Patient (ESPCOP) **IMPORTANT NOTICE: access is limited to pre-registered delegates

Chair:
Luc De Baerdemaeker (Gent, Belgium)
Michael Margarson (Chichester, United Kingdom)

Registration and refreshments

Introduction and background
Anaesthetic disasters and obesity: the ten top tips
Jonathan Cousins (London, United Kingdom)

BMI & fat distribution
Michael Margarson (Chichester, United Kingdom)

Drug dosing in the morbidly obese
Luc De Baerdemaeker (Gent, Belgium)

Questions and discussion

The impact of obesity
Diabetes and metabolic syndrome
Lorraine Albon (Portsmouth, United Kingdom)

Cardiovascular effects of obesity
Christian Jeppesen (Esbjerg, Denmark)

Respiratory effects of obesity
Tomasz Gaszynski (Lodz, Poland)

Questions and discussion

Morning Coffee break

Sleep apnoea
Pathophysiology and mechanisms
Michael Margarson (Chichester, United Kingdom)

Screening and treatment
Daniela Godoroja (Bucharest, Romania)

Perioperative approach and pitfalls in OSAS
Jan Paul Mulier* (Brugge, Belgium)

Questions and discussion

Pre-operative assessment to reduce risk
Cardiac risk and assessment
Agrippino Bellissima (Catania, Italy)

The anaesthetist and the multidisciplinary team: risk-benefit judgements
Lorraine Albon (Portsmouth, United Kingdom)

Fasting guidelines in the obese
Luc De Baerdemaeker (Gent, Belgium)

Questions and discussion

Lunch break

Airways and ventilation
How to safely intubate and extubate the obese patient
Oscar Valencia Orgaz (Madrid, Spain)
Pulmonary mechanics and ventilation in the obese
Tomasz Gaszynski (Lodz, Poland)

The pneumoperitoneum
Jan Paul Mulier* (Brugge, Belgium)

Post-op care and thromboprophylaxis
Daniela Godoroja (Bucharest, Romania)

Questions and discussion

Afternoon tea break

Anaesthetic systems and special cases

The ideal analgesic technique?
Jan Paul Mulier* (Brugge, Belgium)

The ideal anaesthetic technique?
Jonathan Cousins (London, United Kingdom)

Questions and discussion

Knowledge check

Question and answers: kahoot session
Michael Margarson (Chichester, United Kingdom)

Summing up
Luc De Baerdemaeker (Gent, Belgium)